



## Daily COVID-19 Health Checklist

All IEA students and staff are asked to answer the following questions before leaving for school each morning. Please do not come to school if you are ill. Students who show signs of COVID-19 during the day will be promptly isolated from others until a parent or designee can pick them up. Please make sure that we know how to reach you, and that an adult is always available to come, so that we can keep our school as safe as possible from the spread of illness.

Question	No	Yes
Do you have a temperature of 100.4 or greater (without use of Tylenol, Ibuprofen or other medications that reduce fever)?		
Have you been exposed to someone with COVID-19 in the past 14 days? (within 6 feet of an infected person for at least 15 minutes OR had direct contact with droplets on your face)		
Have you had a positive COVID-19 test within the last 10 days?		
Do you feel ill?		
Do you have one or more of the following: <ul style="list-style-type: none"> <li>● Chills or feel feverish</li> <li>● New or uncontrolled cough (For those with chronic asthma or allergies, a change from what is normal for you)</li> <li>● Shortness of breath or difficulty breathing</li> <li>● New loss of taste or smell</li> <li>● Fatigue</li> <li>● Muscle or body aches</li> <li>● Uncontrolled runny nose or congestion</li> <li>● Diarrhea or nausea</li> <li>● Vomiting (unknown cause, unrelated to anxiety or eating)</li> <li>● Sore throat</li> <li>● Headache (more than what is normal for you)</li> </ul>		
Have you travelled outside of CT or your state of residence within the last 14 days? Please refer to the current school travel policy.		

If you answered yes to any of these questions, stay home today and inform the school. The school nurse is monitoring cases of illness, and may be in touch for more information about your illness. The nurse will advise you about seeking additional care and about when you may return to school. For more information, refer to the following guidance from the state of Connecticut.

<https://portal.ct.gov/-/media/SDE/COVID-19/Addendum-5-Interim-Guidance-for-Responding-to-COVID-19-Scenarios-in-CT-School-Districts.pdf>

If your child will be staying home, please report their absence via email to [absence@ie-academy.org](mailto:absence@ie-academy.org) and share what symptoms your child is experiencing.